



ssociation of Children's Diabetes

ACDC Trainees Day WEDNESDAY 10TH JULY 2024 Via MS Teams

- 09:00 - 09:20 **Registration**
- 09:30 – 09:40 **Introduction and welcome – Dr Melanie Kershaw**, Consultant Paediatric Endocrinologist, Rare Diabetes Lead, Birmingham Women's and Children's Hospital
- 09:40 – 10:20 **Carbohydrate counting and the impact of food choices on glycaemic control – Yvonne Mitchell**, Paediatric Diabetes Dietitian, St James's University Hospital
- 10:20 – 11:00 **Monogenic Diabetes – Dr Melanie Kershaw**, Consultant Paediatric Endocrinologist and Rare Diabetes Lead, Birmingham Women's and Children's Hospital
- 11:00 – 11:20 **Coffee/Tea Break**
- 11:00 – 11:40 **Immunology horizons and pre-type 1 diabetes – Dr Renuka Dias**, Consultant Paediatric Endocrinologist, Diabetes Lead, Birmingham Women's and Children's Hospital
- 11:40 – 12:20 **Trainees Q and A**
- 12:20 – 13:00 **Lunch break**
- 13:00 – 13:40 **Getting the most from the different HCL systems - the foibles – John Pemberton**, Paediatric Diabetes Dietitian, Birmingham Women's and Children's Hospital
- 13:40 – 14:20 **On boarding - An approach to HCL training - identifying and service efficiencies in diabetes care – Louise Collins**, Paediatric Diabetes Specialist Nurse, Birmingham Women's and Children's Hospital
- 14:20 – 15:00 **Coffee/Tea Break**
- 15:00 – 15:40 **Eating disorders in T1 Diabetes – Carla Figueiredo**, Consultant Psychiatrist, Eating Disorders Service Dorset Healthcare
- 15:40 – 16:20 **Data – Your diabetes superpower – Dr Nicola Trevelyan**, Consultant Paediatrician, Diabetes Lead, NDPA Clinical Advisory group, Southampton Children's Hospital
- 16:20 – 16:30 **Break**
- 16:30 – 17:10 **Safeguarding in Diabetes - making your concerns heard – Dr Michael Plunkett**, Consultant Paediatrician, Diabetologist and Safeguarding Lead, University Hospital Birmingham
- 17:10 – 17:15 **Summary and Close – Dr Melanie Kershaw**

